

Mukilteo Lacrosse Club

Title: Player Ejection Policy

Effective Date: January 1, 2010

Purpose: The purpose of this policy is to define the Mukilteo Lacrosse Club perspective on and action to be taken when a player is ejected from a lacrosse activity.

Overview:

Mukilteo Youth Lacrosse believes in honoring the game of lacrosse. Instilling the values of integrity, character, sportsmanship and teamwork is mission critical. Lacrosse should be fun for players, coaches, families and spectators.

The steps taken upon an ejection focus on keeping all players, coaches, officials and spectators, from our and opposing clubs, safe. When a player is ejected from a game or activity, Mukilteo Lacrosse believes this is also a teachable moment. It is an opportunity for the ejected player to learn from and make reparations for his or her error.

Definition:

Ejection: To be dismissed from a game, practice, or other lacrosse activity including any team or club function, by a game official, facility official, coach or other person in charge.

Fouling Out: When a player receives a designated number of fouls in a game and is no longer eligible to play, this is "fouling out" and is not considered an ejection. Fouling out is another teachable moment; however it does not fall within this policy.

Procedure

Immediate Ejection Disposition Decision

Upon an ejection from a league or tournament game, the ejected player must leave the premises immediately. Upon an ejection from a practice, scrimmage, or other event, the head coach of the ejected player's team will determine whether the player will be allowed to stay on the sideline for the remainder of the event or if the player will be asked to leave immediately. If asked to leave at any time after ejection, the player will have three minutes to exit the premises including the parking lot. This decision will be based on the safety of all players, coaches, officials and spectators, the cause of the ejection, the attitude of the ejected player, and the ability of the ejected player to conduct him/herself in a way that is safe and honors the game.

Forty-Eight Hour Cooling Down and Contemplation Period

Upon an ejection, a player will be suspended from all on field club activities including practices, scrimmages, and games for forty-eight hours. This suspension is to allow the player to consider the implications of the behavior and to identify alternatives in preparation for the coach/player meeting. Additionally, the cool down period provides the coach time to evaluate the situation away from the heat of the incident allowing a more thoughtful response.

Coach/Player Meeting

After the event in which the ejection occurred, the player's head coach will contact the ejected player to schedule a meeting. The coach, not the player, will initiate this contact.

The purpose of this meeting is to:

- clarify for the player the behavior that was unacceptable,
- to explain that this behavior can never occur again,
- to discuss alternatives that the player had in the situation,
- to affirm the behavioral expectation going forward, and
- to determine any additional appropriate reparatory and/or disciplinary action.

The ejected player generally is required to apologize to any opponent, official, or other person that was affronted. Based on the circumstances, this apology may be in person, in writing, by email, or by telephone.

Confusion over cause of the ejection will not be grounds for avoiding the discipline.

The timing of this meeting is important. This meeting should occur after a “cooling down” period, not sooner than 48 hours after the ejection, but prior to the player’s return to the practice field or any Mukilteo Lacrosse event.

The meeting will be conducted between the two, coach and player, but in a public place that is visible to others such as on sideline of a lacrosse field away from direct earshot of others. With Youth players, a parent will be allowed to observe the meeting to support the learning opportunity. With High School players, based on the player’s age/maturity and the reason for and the circumstances of the ejection, the coach may invite the parent of the player to observe the meeting to support the learning opportunity.

The discipline details including suspension period may or may not be communicated to the player at this meeting. These details may follow within a few days of the meeting.

No fees will be refunded due to disciplinary action including suspension or expulsion.

Ejection Documentation

All player ejections will be documented in the mid-season and end of season team reports provided to the head coach and Board by each coach. The ejection list will include: Player name, date, reason for ejection, opponent, location, officials’ names if available/relevant, Date/Time/location/attendees of coach/player meeting, and very brief meeting notes, Suspension start date, end date
Other critical and relevant information.

This information is documented to assure a permanent record of ejections.

Ejection Discipline

Standard Ejection Offenses

First Offense: The suspension period will be based on the reason for the ejection. The minimum suspension will be one additional game. The length of the suspension will increase with the severity of the offense. The team’s head coach will recommend suspension details to the Club Head Coach who will strive to assure consistency among teams within the club. The suspension period will be based on the age of the player and the circumstances of the ejection.

Second Offense – standard ejection: The suspension period will be based on the reason for the first and second ejections, and the length of time since the first ejection. The minimum suspension will be two weeks.

Third Offense – standard ejection: The suspension period will be based on the reason for the current and previous ejections, and the length of time since the prior ejections. The minimum suspension will be the remainder of the current season including post-season play.

If a player is ejected three times per season in two consecutive seasons, the player will be expelled from Mukilteo Lacrosse.

If a player is ejected during the last game or event of a season, the suspension will be applied to the following season the player participates in. For example, if a player obtains his/her second ejection during the final game of the playoffs, s/he will not be eligible for summer tournament play if s/he was scheduled to play, or for the first two weeks of fall ball, etc.

Zero-Tolerance Offenses

The first “Zero-tolerance” offense will result in suspension for the entire current season including post-season play.

If a player is suspended in the final two weeks of a season, s/he will not be eligible to play in the following season of play. For example, if a player is ejected for a zero-tolerance offense during the final two weeks of indoor lacrosse, s/he will not be eligible to play during the regular season.

Zero-tolerance offenses include, but are not limited to:

- Physical violence such as attacks on officials, players, coaches, spectators and field, facility, or tournament personnel, immediately preceding, during or after games. Physical violence includes pushing, shoving, striking, and “swinging at” another. An ejection resulting from excessive roughness during the course of play may be classified as physical violence.
- Physical violence and/or threatening physical violence on officials, players, coaches, spectators, and field, facility or tournament personnel at any time during any lacrosse season.
- Threatening physical violence on officials, players, coaches, spectators and field, facility, or tournament personnel immediately prior to, during or after games.
- Use of illegal drugs, tobacco or alcohol at any club event and/or attending any club event under the influence of illegal drugs or alcohol. Possession of illegal drugs, tobacco or alcohol at a club event. Or distribution of illegal drugs, tobacco or alcohol whether at a club event or not are all zero tolerance offenses.
- Derogatory comments, inappropriate gestures, and/or abusive verbal attacks towards officials, players, coaches, spectators, field, facility, or tournament personnel will not be tolerated at any time and are zero tolerance offenses. This includes spitting at or “snotting” or in the direction of another or in a manner that defaces property.
- Disrespect or destruction of public or private property either during a club event or at a location accessed for club activities. This includes destruction of one’s own or a team-mates property, for example breaking a crosse by throwing it down or hitting something in frustration or anger. (This does not include breakage due to normal wear and tear). Theft of club, facility, or a person’s property is a zero-tolerance offense.

Second Offense – Zero-Tolerance incident: Upon ejection for a second “zero-tolerance” incident, the player will be suspended for six months. This discipline will be implemented regardless of when the first offense occurred.

Third Offense – Zero Tolerance Incident: Should a third “zero-tolerance” incident occur, the player will be suspended from Mukilteo Lacrosse for a minimum of two calendar years. This discipline will be implemented regardless of when the first offense occurred.

Fourth Offense: Should a fourth “zero-tolerance” incident occur, the player will be expelled from Mukilteo Lacrosse. This discipline will be implemented regardless of when the first offense occurred.

Conclusion: The purpose of the ejection policy is to deter the behaviors that can result in ejection from an event. In the case of ejection, it is to assure the safety of every Mukilteo Lacrosse player, coach, opponent, game and facility official, and spectator. It is also designed to teach the player alternative behaviors to support personal development.

Mukilteo Lacrosse Club

Title: Coach Ejection Policy

Effective Date: **January 1, 2010**

Purpose: The purpose of this policy is to define the Mukilteo Lacrosse Club perspective on and action to be taken when a coach is ejected from a lacrosse activity.

Overview:

Mukilteo Youth Lacrosse believes in honoring the game of lacrosse. Instilling the values of integrity, character, sportsmanship and teamwork is mission critical. Lacrosse should be fun for players, coaches, families and spectators. Coaches set the tone for the players, parents, and spectators of their team.

The steps taken upon an ejection focus on keeping all players, coaches, officials and spectators, from our and opposing clubs, safe. When a coach is ejected from a game or activity, Mukilteo Lacrosse believes this is also a teachable moment. It is an opportunity for the ejected coach to learn from and make reparations for his or her error.

Definition:

Ejection: To be dismissed from a game, practice, or other lacrosse activity including any team or club function, by a game official, facility official, coach or other person in charge.

Procedure

Immediate Ejection Disposition Decision

Upon an ejection, the coach will be expected to exit the field immediately, and will have three minutes to exit the premises including the parking lot.

Forty-Eight Hour Cooling Down and Contemplation Period

Upon an ejection, the coach will contact the Club head coach and inform him/her of the incident. Based on the circumstances surrounding the ejection, the coach may be asked to respect a 48 hour cooling off period from all on field club activities including practices, scrimmages, and games. This suspension is to allow the coach to consider the implications of the behavior and to identify appropriate alternatives and appropriate reparations.

Head Coach Discussion

After the event in which the ejection occurred, the club head coach will contact the ejected coach and hold a discussion. The discussion can be in person or by telephone at the head coach's discretion. The head coach will initiate this contact.

The purpose of this meeting is to:

- clarify for the coach the behavior that was unacceptable,
- to discuss alternatives that the coach had in the situation,
- to affirm the behavioral expectation going forward, and
- to determine any additional appropriate reparatory and/or disciplinary action.

The ejected coach generally is required to apologize to any opponent, official, or other person that was affronted. Based on the circumstances, this apology may be in person, in writing, by email, or by telephone.

Confusion over cause of the ejection will not be grounds for avoiding the discipline.

The timing of this meeting is important. This meeting should occur after a “cooling down” period, not sooner than 48 hours after the ejection, but prior to the coach’s return to the practice field or any Mukilteo Lacrosse event.

The discipline details including suspension period may or may not be communicated to the coach during this discussion. These details may follow within a few days of the meeting.

A coach’s independent contractor payment will be prorated as a result of practice, games, scrimmages or club events missed due to disciplinary action including suspension or expulsion.

If it is the head coach that is ejected, the discussion will be conducted with the head coach and Chair of the Board.

Ejection Documentation

All coach ejections will be documented in the mid-season and end of season team reports provided to the head coach and board by each coach. The ejection list will include: Coach name, date, reason for ejection, opponent, location, officials’ names if available/relevant, Date/Time/location of coach/head coach meeting, and very brief meeting notes, Suspension start date, end date
Other critical and relevant information.
This information is documented to assure a permanent record of ejections.

Ejection Discipline

Standard Ejection Offenses

First Offense: Action taken will be based on the reason for the ejection. The length of the suspension, if any, will increase with the severity of the offense. The club head coach will recommend discipline details to the VP of Operations for the age group who will strive to assure consistency among teams within the club.

Second Offense: The suspension period will be based on the reason for the first and second ejections, and the length of time since the first ejection. The minimum suspension will be 48 hours.

Third Offense: The suspension period will be based on the reason for the current and previous ejections, and the length of time since the prior ejections. The minimum suspension will be two weeks.

Fourth Offense: The suspension period will be based on the reason for the current and previous ejections, and the length of time since the prior ejections. The minimum suspension will be the remainder of the current season.

If a coach is ejected four times per season, in two seasons within four years, the coach will be expelled from Mukilteo Lacrosse.

Zero-Tolerance Offenses

The first “Zero-tolerance” offense will result in a minimum suspension of the entire current season including post-season play.

All Coach involved Zero-Tolerance ejections will be brought to the BOD for consideration. The ejected coach’s suspension may be extended beyond one season up to and including expulsion from the club depending on the circumstances and severity of the event.

If a coach is suspended in the final two weeks of a season, s/he will not be eligible to coach in the following season of play. For example, if a player is ejected for a zero-tolerance offense during the final two weeks of indoor lacrosse, s/he will not be eligible to play during the regular season.

Zero-tolerance offenses include, but are not limited to:

- Physical violence such as attacks on officials, players, coaches, spectators and field, facility, or tournament personnel, immediately preceding, during or after games. Physical violence includes pushing, shoving, striking, and “swinging at” another. An ejection resulting from excessive roughness during the course of play may be classified as physical violence.
- Physical violence and/or threatening physical violence on officials, players, coaches, spectators, and field, facility or tournament personnel at any time during any lacrosse season.
- Threatening physical violence on officials, players, coaches, spectators and field, facility, or tournament personnel immediately prior to, during or after games.
- Use of illegal drugs, or abuse of tobacco or alcohol at any club event and/or attending any club event under the influence of illegal drugs or alcohol. Possession of illegal drugs at a club event. Or distribution of illegal drugs, or distribution of tobacco or alcohol to a minor whether at a club event or not are all zero tolerance offenses.
- Derogatory comments, inappropriate gestures, and/or abusive verbal attacks towards officials, players, coaches, spectators, field, facility, or tournament personnel will not be tolerated at any time and are zero tolerance offenses. This includes spitting at or “snotting” or in the direction of another or in a manner that defaces property.
- Disrespect or destruction of public or private property either during a club event or at a location accessed for club activities. This includes destruction of one’s own or a club member’s property, for example breaking a crosse by throwing it down or hitting something in frustration or anger. (This does not include breakage due to normal wear and tear).

Theft of club, facility, or a person’s property is a zero-tolerance offense.

Second Offense – Zero-Tolerance incident: Upon ejection for a second “zero-tolerance” incident, the coach will be expelled for six months. This discipline will be implemented regardless of when the first offense occurred.

Conclusion: The purpose of the ejection policy is to deter the behaviors that can result in ejection from an event. In the case of ejection, it is to assure the safety of every Mukilteo Lacrosse player, coach, opponent, game and facility official, and spectator. It is also designed to support the coach in developing alternative behaviors.

Mukilteo Lacrosse Club

Title: Parent/Fan/Spectator Ejection Policy

Effective Date: January 1, 2010

Purpose: The purpose of this policy is to define the Mukilteo Lacrosse Club perspective on and action to be taken when a parent/fan/spectator (referenced in this document as fan) is ejected from a lacrosse activity.

Overview:

Mukilteo Youth Lacrosse believes in honoring the game of lacrosse. Instilling the values of integrity, character, sportsmanship and teamwork is mission critical. Lacrosse should be fun for players, coaches, families and spectators. Parents set the tone for the players and are expected to role model positive behaviors including exceptional sportsmanship.

The steps taken upon an ejection focus on keeping all players, coaches, officials and spectators, from our and opposing clubs, safe. When a coach is ejected from a game or activity, Mukilteo Lacrosse believes this is also a teachable moment. It is an opportunity for the ejected parent/fan/spectator to learn from and make reparations for his or her error.

Definition:

Ejection: To be dismissed from a game, practice, or other lacrosse activity including any team or club function, by a game official, facility official, coach or other person in charge.

Procedure

Immediate Ejection Disposition Decision

Upon an ejection, the parent/fan/spectator will be expected to exit the field immediately, and will have three minutes to exit the premises including the parking lot. If the ejected fan is the driver for a player on the field, they may return to the parking lot 10 minutes after the scheduled end time for the event to pick up their player. The ejected fan may not leave their car, nor may they reach out to any player, parent, coach, game or facility official, or other participant other than to humbly and sincerely apologize for their behavior.

Forty-Eight Hour Cooling Down and Contemplation Period

With a fan ejection, the coach will contact the Club head coach and inform him/her of the situation. Based on the circumstances surrounding the ejection, the fan may be asked to honor a 48 hour cooling off period from all on field club activities including practices, scrimmages, and games. This cooling off period is to allow the fan to consider the implications of the behavior and to identify appropriate alternatives. Additionally, the cool down period provides the coach time to evaluate the situation away from the heat of the incident allowing a more thoughtful response.

Coach/Parent Apology

After the event in which the ejection occurred, the parent or fan may choose to contact the team coach by mail or email to apologize. A fan ejection reflects poorly on the player, the team and the club. There is no excuse for poor sportsmanship.

Ejection Documentation

All fan ejections will be documented in the mid-season and end of season team reports provided to the head coach and board by each coach. The ejection list will include:

Fan name, date, reason for ejection, opponent, location, officials' names if available/relevant, Apology date/method

Other critical and relevant information.

This information is documented to assure a permanent record of ejections.

Ejection Discipline

Standard Ejection Offenses

First Offense: Action taken will be based on the reason for the ejection. The length of the suspension, if any, will increase with the severity of the offense. The team coach will recommend discipline details to the VP of Operations for the age group who will strive to assure consistency among teams within the club.

Second Offense: The suspension period will be based on the reason for the first and second ejections, and the length of time since the first ejection. The minimum suspension will be 2 games.

Third Offense: The suspension period will be based on the reason for the current and previous ejections, and the length of time since the prior ejections. The minimum suspension will be the remainder of the current season.

Fourth Offense: The suspension period will be based on the reason for the current and previous ejections, and the length of time since the prior ejections. The minimum suspension will be one year.

If a fan is ejected four times per season, in two seasons within four years, the fan will be expelled from Mukilteo Lacrosse events.

Zero-Tolerance Offenses

The first "Zero-tolerance" offense will result in a minimum suspension of the entire current season including post-season play.

All Fan involved Zero-Tolerance ejections will be brought to the BOD for consideration. The ejected fan's suspension may be extended beyond one season up to and including expulsion from the club depending on the circumstances and severity of the event.

If a fan is suspended in the final two weeks of a season, s/he will not be eligible to view an event in the following season of play. For example, if a fan is ejected for a zero-tolerance offense during the final two weeks of indoor lacrosse, s/he will not be eligible to be at a game during the regular season.

Zero-tolerance offenses include, but are not limited to:

- Physical violence such as attacks on officials, players, coaches, spectators and field, facility, or tournament personnel, immediately preceding, during or after games. Physical violence includes pushing, shoving, striking, and "swinging at" another. An ejection resulting from excessive roughness during the course of play may be classified as physical violence.

- Physical violence and/or threatening physical violence on officials, players, coaches, spectators, and field, facility or tournament personnel at any time during any lacrosse season.
- Threatening physical violence on officials, players, coaches, spectators and field, facility, or tournament personnel immediately prior to, during or after games.
- Stepping onto a field during a club activity or game. Parents/Fans/Spectators are required to observe practices, games, and other activities from appropriate viewing locations. They are not allowed on the team sidelines or on the field for any reason unless specifically invited by a coach or official. This includes but is not limited to ball retrieval, cage repairs, player conflict, etc. Certified medical personnel including physicians, nurses, EMTs, etc are specifically exempted from this clause when acting on behalf of an individual in need within the scope of their license.
- Use of illegal drugs, or abuse of tobacco or alcohol at any club event and/or attending any club event under the influence of illegal drugs or alcohol. Possession of illegal drugs at a club event. Or distribution of illegal drugs, or distribution of tobacco or alcohol to a minor whether at a club event or not are all zero tolerance offenses.
- Derogatory comments, inappropriate gestures, and/or abusive verbal attacks towards officials, players, coaches, spectators, field, facility, or tournament personnel will not be tolerated at any time and are zero tolerance offenses. This includes spitting at or “snotting” or in the direction of another or in a manner that defaces property.
- Disrespect or destruction of public or private property either during a club event or at a location accessed for club activities. This includes destruction of one’s own or a club member’s property, for example breaking a crosse by throwing it down or hitting something in frustration or anger. (This does not include breakage due to normal wear and tear).
Theft of club, facility, or a person’s property is a zero-tolerance offense.

The First Zero-Tolerance offense will result in a minimum suspension of the entire current season including post-season play.

If a fan is suspended in the final two weeks of a season, s/he will not be eligible to view an event in the following season of play. For example, if a fan is ejected for a zero-tolerance offense during the final two weeks of indoor lacrosse, s/he will not be eligible to attend a game during the regular season.

Second Offense – Zero-Tolerance incident: Upon ejection for a second “zero-tolerance” incident, the fan will be expelled from all club activities. This discipline will be implemented regardless of when the first offense occurred.

Conclusion: The purpose of the ejection policy is to deter the behaviors that can result in ejection from an event. In the case of ejection, it is to assure the safety of every Mukilteo Lacrosse player, coach, opponent, game and facility official, and spectator.